

VAJRAKILAYA GUTOR AND LOSAR RETREAT SCHEDULE
January 26 - February 5, 2019

January 26: Vajrakilaya Empowerment with Tulku Thadral Rinpoche

8:30 am – 9:00 am	Breakfast
9:30 am – 12:30 pm	Vajrakilaya (Dorje Phurba Putri Rekphung) Empowerment
1:00 pm – 1:30 pm	Lunch
3:00 pm – 6:30 pm	Vajrakilaya puja and tsok
6:30 pm – 7:00 pm	Dinner

January 27 – 30: Gutor with Shenpa Accumulations

8:00 am – 8:30 am	Breakfast
9:00 am – 11:45	Vajrakilaya and Shenpa Protectors practice
12:00 pm – 1:00 pm	Teachings
1:00 pm – 1:30 pm	Lunch
3:00 pm – 6:00 pm	Vajrakilaya and Shenpa Protectors practice with tsok
6:00 pm – 6:30 pm	Dinner

January 31 – February 2: Gutor (Continued)

8:00 am – 8:30 am	Breakfast
9:00 am – 11:45	Vajrakilaya practice
12:00 pm – 1:00 pm	Teachings
1:00 pm – 1:30 pm	Lunch
3:00 pm – 6:00 pm	Vajrakilaya practice with tsok
6:00 pm – 6:30 pm	Dinner

February 3: Gutor Day (Performing the Activities of Dispelling Negativities)

7:00 am – 7:30 am	Breakfast
8:00 am – 12:00 pm	Morning Session
12:00 pm – 12:30 pm	Lunch
2:00 pm –	Afternoon Session with Gutor ritual (burning the ritual tormas to avert obstacles, remove negativities, etc.) <i>Dinner in the Shrine Room following Puja</i>

February 4: Tang-Rak (“Thanksgiving Day”) Offering Celebration

7:30 am – 8:00 am	Breakfast
8:30 am – 12:00 pm	Vajrakilaya puja with tsok
12:00 pm – 12:30 pm	Lunch
1:00 pm –	Losar Preparations to follow in the afternoon and evening
6:00 pm – 6:30 pm	Dinner

February 5: Losar - Year of the Earth Pig

7:00 am – 12:00 pm	Ceremony Starts with offerings to Guru Rinpoche, tea, auspicious sweet rice, kapse, chang, followed by Lake Born Vajra and Orgyen Khandro Norlha pujas with breakfast tsok
12:00 pm – 12:30 pm	Lunch
2:00 pm –	Riwo Sang Chöd Puja and the Raising of Prayer Flags <i>Dinner Following Puja</i>