

VAJRAKILAYA GUTOR AND LOSAR RETREAT SCHEDULE

Pema Osel Ling
February 6-16, 2018

February 6-8: Vajrakilaya with Shenpa Accumulations

8:00 am – 8:30 am *Breakfast*
9:00 am – 11:45 Vajrakilaya and Shenpa Protectors practice
12:00 pm – 1:00 pm Teachings
1:00 pm – 1:30 pm *Lunch*
3:00 pm – 6:00 pm Vajrakilaya and Shenpa Protectors practice with tsok
6:00 pm – 6:30 pm *Dinner*

February 9: Gutor Starting

8:00 am – 8:30 am *Breakfast*
9:00 am – 11:45 Vajrakilaya practice
12:00 pm – 1:00 pm Teachings
1:00 pm – 1:30 pm *Lunch*
3:00 pm – 6:00 pm Vajrakilaya practice with tsok
6:00 pm – 6:30 pm *Dinner*

February 10: Vajrakilaya Empowerment with Tulku Thadral Rinpoche

8:30 am – 9:00 am *Breakfast*
9:30 am – 12:30 pm Vajrakilaya (Dorje Phurba Putri Rekphung) Empowerment
1:00 pm – 1:30 pm *Lunch*
3:00 pm – 6:30 pm Vajrakilaya tsok
6:30 pm – 7:00 pm *Dinner*

February 11-13: Vajrakilaya Gutor (Continued)

8:00 am – 8:30 am *Breakfast*
9:00 am – 11:45 Vajrakilaya practice
12:00 pm – 1:00 pm Teachings
1:00 pm – 1:30 pm *Lunch*
3:00 pm – 6:00 pm Vajrakilaya practice with tsok
6:00 pm – 6:30 pm *Dinner*

February 14: Gutor Day (Performing the Activities of Dispelling Negativities)

7:00 am – 7:30 am *Breakfast*
8:00 am – 12:00 pm Morning Session
12:00 pm – 12:30 pm *Lunch*
2:00 pm – Afternoon Session with Gutor ritual (burning the ritual torma to avert
 obstacles, remove negativities, etc.)
 Dinner in the Shrine Room following Puja

February 15: Tang-Rak (“Thanksgiving Day”) Offering Celebration

7:30 am – 8:00 am *Breakfast*
8:30 am – 12:00 pm Vajrakilaya puja with tsok
12:00 pm – 12:30 pm *Lunch*
1:00 pm – Losar Preparations to follow in the afternoon and evening
6:00 pm – 6:30 pm *Dinner*

February 16: Losar - Year of the Earth Dog

7:00 am – 12:00 pm Ceremony Starts with offerings to Guru Rinpoche, tea, auspicious sweet rice, kapse, chang, followed by Lake Born Vajra and Orgyen Khandro Norlha pujas with breakfast tsok

12:00 pm– 12:30 pm *Lunch*
2:00 pm – Riwo Sang Chöd puja and the raising of Prayer Flags
Dinner Following Puja