

SUMMER RETREAT 2019 TEXTS
(JUNE 12-JULY 11)

Texts Available through Dharma Treasures Bookstore (www.dharmatreatures.com) & on the Bero Jeydren page (www.vajrayana.org/bero).

All Retreats:

- We will have a limited number of the **General Prayers Book** (Lotus Lamp Publishing 2017) at the shrine or for [purchase](#) through Dharma Treasures.
- **Prayers Before Teachings and Dedication:** loaner copies will be available at the shrine
- **Tea Offering Prayers:** handouts will be available at the shrine

Tröma Nagmo Concise & Intermediate-Length Sadhanas, Feasts (June 12-20); Tröma Nagmo Empowerment (June 15):

- [Feasts of Chöd](#) from Light of Berotsana (will be used between first and last days of retreat)
- [Concise Tröma Nagmo Sadhana \(Tro-chung\)](#) from Light of Berotsana (will be used between first and last days of retreat)
- [Medium-Length Tröma Nagmo Sadhana](#) from Light of Berotsana (will be used on first and last days of retreat)
- [Tröma Ngöndro & Phowa](#) from Light of Berotsana
- **Etiquette for Tröma Group Practice** (handout at shrine)
- **Dudjom Lingpa's Tsok Lu: Du Kyi Phun Sum** (handout at shrine)
- **Longchenpa's Aspiration Prayer, Nang Drak Rik Sum, Kye Wa Kun Tu** (handout at shrine)
- **Additional Recommended:**
 - Dharma Treasures [Tröma Chöd practice collection](#)
 - Heart Teachings by Lama Tharchin Rinpoche [Tröma Nagmo collection](#)
 - **Dudjom Lingpa's Chod: An Ambrosia Ocean of Sublime Explanations & The Profound Heart Essence of Saraha** (Light of Berotsana, 2014) available [here](#) through Dharma Treasures

Black Hayagriva (June 21-27):

- **Quintessentially Wrathful Black Hayagriva** (Lotus Lamp Publishing, Lama Sonam Tsering, 2017). There will be a limited number of shrine loaners. Available for purchase at Dharma Treasures [here](#).
- **Sa-Ter Ngöndro (The Chariot of the Path of Unity):** "Preliminary Practices of the Dudjom Tersar" also includes the Concise Dudjom Tersar Ngöndro (BJP, 2015);

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available in [print](#) at Dharma Treasures and in [digital format](#); Sa-Ter Ngöndro can also be found in the Black Hayagriva and General Prayer Book from Lotus Lamp Publishing.

- **Additional Recommended: Black Hayagriva Teachings from Thanksgiving Retreat 2016 by Lama Sonam Tsering Rinpoche, mp3** available [here](#) through Dharma Treasures
- Dharma Treasures [Hayagriva practice collection](#)

Shitro Ngakso with Nay-Dren Ceremony for the Deceased (June 28-30):

- **Rituals and Prayers of the Shi-Tro Cycle** by H.H. Dudjom Rinpoche (Chagdud Gonpa Publications) available [here](#) through Dharma Treasures
- Text contains its own Dharma Protectors
- Text contains its own Nay-Dren Ceremony for the Deceased, but please bring Vajrasattva Practices for the Time of Death (BJP) available in [print](#) through Dharma Treasures or [digital](#) - it will likely be used instead
- Shrine loaners will be available, but numbers are limited, so please be sure to bring your text if you have one.

Collection of Seven Treasures Drupchen & Children's Retreat (July 3-11):

- **Sadhana: Collection of Seven Treasures** (BJP, 1992): complimentary copies available at the shrine; there may be an updated Sadhana available for purchase – we will notify you of updates
- **Manual: Collection of Seven Treasures Drupchen Manual** (BJP, 1992): complimentary copies available at the shrine
- For **daily and additional prayers**, limited shrine copies of General Prayers (Lotus Lamp Publishing 2017) will be available and is also available for purchase at Dharma Treasures
- **Dharma Protectors:** extensive dharma protectors available for loan at the shrine; the most up-to-date daily dharmapalas will be available in the General Prayers Book (Lotus Lamp Publishing 2017) at the shrine; there may be an updated extensive Dharma Protectors available for purchase – we will notify you of updates
- **Illuminations of a Jewel of Enlightened Activity** (Gongpa Yongdü Jinsek text) by H.H. Dudjom Rinpoche (BJP 2013): available in [print](#) at Dharma Treasures or for [download](#)
- **The Prayer in Seven Chapters to Padmakara, the Second Buddha** (Le'u Dun Ma) (Sonam T. Lama) is available in [print](#) through Dharma Treasures. We do

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not have shrine loaners available. You can also purchase the Sampa Lhundrupma prayer individually [here](#) (it is included in the Prayer in Seven Chapters).

- **Handouts** available at the shrine
 - Session Guides for the First Day, Daily, and Tenth Day of Drupchen
 - Daily Practice: The Daily Practice of the Gathered Secret Heart Essence of the Guru, T'huk Drub Sangwa Düpa (BJP) (need for First Day)
 - Lineage Prayer
 - Demarcating the Outer Boundaries (need for First & Tenth Days) & Taking Down the Boundaries
 - Prayer insert for Drupchen Manual page 50
 - Additional Dharmapalas: Ma-Ning, etc.
 - Barchay Kunsel Prayers may be used
 - Dudjom Lingpa's Tsok Lu: Du Kyi Phun Sum
- **Additional Recommended material: Lama Tharchin Rinpoche's Drupchen teachings** on mp3 audio through Dharma Treasures [here](#) and Heart Teachings [here](#).
- **Drupchen, A Teaching by Lama Tharchin Rinpoche**, June 29, 2006: PDF available for free download [here](#).