

༄༅། །སྤྲུགས་ཀྱི་སྲས་དང་འཕྲད་པར་ཤོག། །བྱད་པར་བྱིན་རྒྱལ་སྤྲུག་པ་ཚོ་ག་བདུན་མའི་
 གསོལ་འདེབས་ཤིན་ཏུ་ཟབ་ཕྱིར་སྤྲུགས་ཀྱི་ཡང་གཏེར་གསང་བར་གདམས་པ། །ཤེས་རབ་རྣོ་ལྡན་སླིང་རྗེ་ཚེ།
 ཚོས་ཀྱི་དབང་ལྷུག་དེ་དང་འཕྲད་པར་ཤོག། །ཅེས་སོ།། །།

Pray again and again with these words, arousing such fervent yearning that tears stream from your eyes. Should your veneration cause a state of distress to arise, exhale forcefully and settle into limpid clarity, the view of unwavering pristine lucidity. It is needless to state that I will protect my spiritual children that pray in this way, for they shall become the sons and daughters of the Victors of the three times. By attaining the great power of mind's innate awareness, the strength and stability of your samadhi will increase, and your wisdom will flourish. Due to this great self arisen blessing, you will naturally ripen and engage in conduct that eliminates the suffering of others. At the moment when you yourself have transformed, the perceptions of others will simultaneously be transformed as you accomplish enlightened activity and the total perfection of all of your own wisdom qualities. May all of the sons and daughters of my heart meet with this excellent method, which ripens and liberates within the great lord of the intrinsic nature of reality, Dharmakaya. Because the exceptional blessings of practicing this supplication in seven lines are so incredibly profound, it was taught in secrecy as a wisdom mind treasure. May it be encountered by the one endowed with prajna wisdom intelligence and great compassion, Chokyi Wangchuk!

Source: *Dudjom Sung Bum, Volume TSHA (18), pp. 113-114.*

Seven-Line Prayer translated by Thinley Norbu Rinpoche in Sole Panacea.

Yikchung translated by Cameron Windham, 2020.