

## Initial questionnaire for potential applicants for the Traditional three-year retreat at Drubnyi Dojo Gatsal, Vajrayana Foundation

Please answer the following questions in the form of a letter

Present yourself, your motivation and expectations of a traditional three-years retreat

- Name your main Lama(s) from whom you have received teachings.
- To which lineage do you feel most affiliated?
- How long have you been a committed Buddhist? (meaning taking practice seriously)
- What practice have you applied yourself to so far?
- What is your affiliation to Pema Osel Ling?
- Are you familiar with the Dudjom Tersar Lineage?
- Do you know Kyabje Dudjom Yangsi Rinpoche?
- Have you done other forms of retreat before? What length?
- What are your expectations of a long retreat?
- Are you currently able to maintain a regular practice?
- How far are you in your preliminary practice (Ngondro)?
- Do you have any health challenges? Please include any health issues as well as medical institutions you have been hospitalized in and why
- Name your main weakness and main strength
- Have you lived in a closed community environment before?
- Do you feel able to be in a retreat with other people for three years?
- In addition to the traditional three-year and three months retreat, there will be a mandatory three to six-month pre-retreat. Will you be able to attend?
- Please describe your financial situation with respect to the retreat. Do you have the funds to finance your retreat? Will you need to apply for financial support and/or scholarship?

**These initial questions are meant to help you determine whether you are ready to commit to this retreat and enable us gather preliminary information about your candidacy for this retreat.**

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