

Pema Osel Ling 2022 Summer Retreat: Vajrakilaya Retreat June 4 – 9

Schedule

Saturday, June 4

- 8:00 am – 9:30 am** Khandro T'huk T'hik Daily Puja and Tsok
9:30 am – 10:00 pm *Breakfast*
10:00 am – 12:00 Empowerment Preparation (Shrine Closed)
12:30 pm – 1:00 pm *Lunch*
2:00 pm – 6:00 pm Vajrakilaya Putri Rekphung Empowerment (*Wang*)
6:00 – 6:30 pm *Dinner*

Sunday, June 5

- 7:00 am – 7:30 am *Breakfast*
8:00 am – 12:30 pm Vajrakilaya Putri Rekphung and Dharma Protectors Oral
Transmissions (*Lungs*) and Puja with Riwo Sangcho
12:30 pm – 1:00 pm *Lunch*
2:30 pm – 6:00 pm Vajrakilaya Puja with Tsok
6:00 – 6:30 pm *Dinner*

Monday, June 6 to Wednesday, June 8

- 8:00 am – 8:30 am *Breakfast*
9:00 am – 11:30 pm Vajrakilaya Puja
11:30 – 12:30 Teachings
12:30 pm – 1:00 pm *Lunch*
2:30 pm – 6:00 pm Vajrakilaya Puja with Tsok
6:00 – 6:30 pm *Dinner*

Thursday, June 9

- 8:00 am – 8:30 am *Breakfast*
9:00 am – 1:00 pm Vajrakilaya Puja with Tsok
1:00 pm – 1:30 pm *Lunch*
6:00 – 6:30 pm *Dinner*

Friday, June 10

- Troma Nagmo Retreat Preparation**
8:00 am – 8:30 am *Breakfast*
9:00 am – 10:30 am Tsokye T'huk T'hik Daily Puja with Ngondro
12:00 pm – 12:30 pm *Lunch*
5:30 – 6:00 pm *Dinner*