

**Khandro T'huk T'hik Mendrup Drupchen  
Retreat Schedule**

**May 21 - 30, 2024**

**Tuesday, May 21**

8:00 - 8:30 am

*Breakfast*

7:00 - 9:00 am

**Preparation Empowerment (Shrine Closed)**

9:00 am - 12:00 pm

**Khandro T'huk T'hik (Yeshe Tsogyal) Empowerment**

12:00 - 12:30 pm

*Lunch*

1:00 - 5:00 pm

**Khandro T'huk T'hik Drupchen First Day Session**

5:00 - 6:00 pm

*Dinner (time approximate)*

6:00 - 10:00 pm

**Khandro T'huk T'hik Drupchen, Assembly of the Mandala**

**Wednesday, May 22**

6:00 am - 8:00 am

**Khandro T'huk T'hik Drupchen First Session**

8:00 am - 8:30 am

*Breakfast*

9:30 am - 11:00 pm

**Khandro T'huk T'hik Drupchen Second Session**

11:00 am - 11:30 am

*Break*

11:30 pm - 1:00 pm

**Khandro T'huk T'hik Drupchen Third Session**

1:00 am - 1:30 pm

*Lunch*

2:30 pm - 3:30 pm

**Khandro T'huk Thik Oral Transmissions (*Lungs*)**

3:30 pm - 5:00 pm

**Khandro T'huk T'hik Drupchen Fourth Session**

5:00 am - 5:30 pm

*Dinner (time approximate)*

6:30 pm - 8:30 pm

**Khandro T'huk T'hik Drupchen Fifth Session with Tsok**

8:30 pm - 10:00 pm

**Khandro T'huk T'hik Drupchen Sixth Session with Dance and  
Descent of Blessings**

**Thursday, May 23**

6:00 am - 8:00 am

**Khandro T'huk T'hik Drupchen First Session**

8:00 am - 8:30 am

*Breakfast*

9:30 am - 11:00 pm

**Khandro T'huk T'hik Drupchen Second Session**

11:00 am - 11:30 am

*Break*

11:30 pm - 1:00 pm

**Khandro T'huk T'hik Drupchen Third Session**

1:00 am - 1:30 pm

*Lunch*

2:30 pm - 3:30 pm

**Teachings**

3:30 pm - 5:00 pm

**Khandro T'huk T'hik Drupchen Fourth Session**

5:00 am - 5:30 pm

*Dinner (time approximate)*

6:30 pm - 8:30 pm

**Khandro T'huk T'hik Drupchen Fifth Session with Tsok**

8:30 pm - 10:00 pm

**Khandro T'huk T'hik Drupchen Sixth Session with Dance and  
Descent of Blessings**

**Friday, May 24 (with Increasing Jinsek concurrently in the morning)**

<b>6:00 am – 8:00 am</b>	<b>Khandro T’huk T’hik Drupchen First Session</b>
<i>8:00 – 8:30 am</i>	<i>Breakfast</i>
<b>9:30 am – 1:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Second and Third Session with Mendrup Making First Day Activities (time approximate)</b>
<i>1:00 – 1:30 pm</i>	<i>Lunch (time approximate)</i>
<b>2:30 pm – 5:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Fourth Session</b>
<i>5:00 am – 5:30 pm</i>	<i>Dinner (time approximate)</i>
<b>6:30 pm – 8:30 pm</b>	<b>Khandro T’huk T’hik Drupchen Fifth Session with Tsok</b>
<b>8:30 pm – 10:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Sixth Session with Dance and Descent of Blessings</b>

**Saturday, May 25 to Wednesday, May 29**

<b>6:00 am – 8:00 am</b>	<b>Khandro T’huk T’hik Drupchen First Session</b>
<i>8:00 am – 8:30 am</i>	<i>Breakfast</i>
<b>9:30 am – 11:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Second Session</b>
<i>11:00 am – 11:30 am</i>	<i>Break</i>
<b>11:30 pm – 1:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Third Session</b>
<i>1:00 am – 1:30 pm</i>	<i>Lunch</i>
<b>2:30 pm – 3:30 pm</b>	<b>Teachings</b>
<b>3:30 pm – 5:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Fourth Session</b>
<i>5:00 am – 5:30 pm</i>	<i>Dinner (time approximate)</i>
<b>6:30 pm – 8:30 pm</b>	<b>Khandro T’huk T’hik Drupchen Fifth Session with Tsok</b>
<b>8:30 pm – 10:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Sixth Session with Dance and Descent of Blessings</b>

**Thursday, May 30 (with four concurrent Jinseks and Siddhis)**

<b>6:00 – 8:00 am</b>	<b>Khandro T’huk T’hik Drupchen First Session</b>
<i>8:00 – 8:30 am</i>	<i>Breakfast</i>
<b>9:00 am – 1:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Second Session</b>
<i>1:00 – 1:30 pm</i>	<i>Lunch (time approximate)</i>
<b>2:00 – 7:00 pm</b>	<b>Khandro T’huk T’hik Drupchen Third Session with Tsok</b>
<i>7:00 – 7:30 pm</i>	<i>Dinner (time approximate)</i>

**Friday, May 31 Preparation Day with Mendrup Rolling**

<i>8:00 – 8:30 am</i>	<i>Breakfast</i>
<b>9:00 am – 10:30 am</b>	<b>Tsokye T’huk T’hik Concise Puja with Trok</b>
<i>12:30 – 1:00 pm</i>	<i>Lunch</i>
<i>5:00 – 5:30 pm</i>	<i>Dinner</i>

Vajrayana Foundation | Pema Osel Ling | In Person and Livestream  
Summer Retreat 2024